

2017 - 100th Anniversary of the Fatima Apparitions

Pilgrimage to Portugal & Spain



October 18th - 30th, 2017

*With Fr. Michael Scherrey
Companions of the Cross
Spiritual Director*

In the Footsteps of:



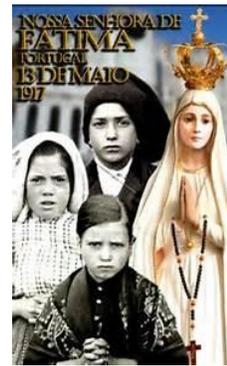
St. Anthony of Padua



St. Teresa of Avila



St. John of the Cross



Blessed Francisco and
Jacinta & Lucia

Pilgrimage to Portugal & Spain: (13 days)

Focus on Fatima, Garabandal, Sts. Anthony of Padua, Teresa of Avila & John of the Cross, Santiago de Compostela and the Camino Pilgrim Way

Day 1 (Wed. Oct. 18) Ottawa via Toronto to Lisbon

Evening departure from Ottawa via Toronto on a direct flight to Lisbon, Portugal.

Day 2 (Thurs. Oct. 19) Lisbon

Welcome to Lisbon! After our late morning arrival, we will be greeted by our tour guide. Our deluxe motor coach will take us to lunch in historic old Lisbon, followed by an orientation tour of the city, seeing sites such as the Se' (the Cathedral) and the baptismal font where St. Anthony of Padua was baptised, and the church of Sant Antonio a Se', built on the site where the saint was born and raised, where we will celebrate Mass. After Mass, we will also visit the Museum dedicated to St. Anthony, and view the Alfama district, built around a fortified castle and the Se', and Belem at the mouth of the River Tagus. Following the tour, we will check into our hotel. Dinner and overnight at our **Lisbon** hotel.



Day 3 (Fri. Oct. 20) Alcobaca, Nazare, Santarem

Our morning drive takes us north to Santarem, on the shores of the Tagus River, home to a number of notable churches. Here we will celebrate Mass at the **Church of the Holy Miracle**, home to a 13th-century Eucharistic miracle, a famous shrine visited by thousands of pilgrims every year. Following Mass, we will drive to the coast to visit Nazare, a colorful fishing village and resort set in a sweeping bay backed by steep cliffs. We will take the funicular to the "Sitio" for a panoramic view of the beach and the village and see the beautiful Church of Our Lady of Nazareth and the little Memorial Chapel built in thanks for an answer to prayer. After lunch, we continue on to Alcobaca and the 12th century UNESCO World Heritage site found here. We will tour the most well preserved Cistercian monastery in Europe, known for its beautiful gothic tombs, exquisite cloister and Portugal's largest church. Following our tour, we will drive north to Fatima. Dinner and overnight in **Fatima**.

Driving Times

Lisbon to Santarem 1 hour
Santarem to Nazare 1 ½ hrs
Nazare to Alcobaca ¼ hour
Alcobaca to Fatima ¾ hour

Total = 3 ½ hours



Day 4 (Sat. Oct. 21) Fatima

Today will be fully dedicated to visiting the sanctuary and places related to the apparitions and the lives of Lucia, Francisco and Jacinta, the three seers of Fatima. This will include the little Chapel of the Apparitions, built atop the site of the holm oak tree where the Blessed Mother appeared, the newly renovated Basilica of the Rosary, where we will see the tombs of the seers, the immense square and the new Basilica of the Most Holy Trinity that can seat 9000 worshippers, the Aljustrel where the children lived, only 1 mile from the Cova da Iria, the Valinhos, where Our Lady appeared after the children’s return from prison, the location of the apparition of the angel and the Hungarian Calvary (way of the cross). We will celebrate Mass and have free time for personal devotions. After dinner we will be able to participate in a candlelight procession. Dinner and overnight in **Fatima**.



Day 5 (Sun. Oct. 22) Coimbra to Braga

After breakfast, we'll depart for Coimbra to see the Carmelite convent where Sister Lucia lived from 1948 until her death in 2005 at 97 years of age. From her cell in this convent, Lucia wrote several books about her memories of Our Lady, the apparitions and the other two Fatima visionaries, who died as young children. We will also tour the Augustinian Monastery of Santa Cruz, where St. Anthony of Padua came to study for 9 years after he left Lisbon at the age of 17, and where he took the Franciscan habit. We will celebrate Mass in the monastery church. We will have the opportunity to see the incorrupt body of St. Isabel of Portugal, enshrined above the high altar in a silver reliquary, in the stunning convent church of Santa Clara-a-Nova. Coimbra is the seat of Portugal’s oldest University, which is now a UNESCO World Heritage site. Our guide will take us through key sites at the University, famous for its chapel, palace and Baroque library. Following our day in Coimbra, we will drive north to the baroque city of Braga, city of the archbishops, where we will find out hotel. Dinner and overnight in **Braga**.

<p>Driving Times</p> <p>Fatima to Coimbra 1 hour Coimbra to Braga 2 hours</p> <p>Total = 3 hours</p>	A photograph showing the interior of a church, featuring a large central column supporting a high vaulted ceiling with arches. The floor is tiled, and there are other columns and arches visible in the background.	A photograph of a large, ornate building with a prominent clock tower and a grand staircase leading to the entrance. The building has classical architectural features like columns and arches.
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Day 6 (Mon. Oct. 23) Sanctuary of Bom Jesus to Santiago de Compostela

After breakfast, we will spend time at Portugal’s most spectacular religious sanctuary: The Bom Jesus, located on a forested slope east of the city of Braga. This shrine is famous for its huge stairway decorated with fountains, gardens and chapels. Its summit, which can be reached on foot or by a Funicular train, features the main church, hotels, a cafe and superb views. We will celebrate Mass in a

chapel here, walk the Stations of the Cross and have time for prayer and exploration before leaving to drive north into Spain. Our afternoon is dedicated to touring the amazing pilgrimage city of Santiago de Compostela. Pilgrims from around the globe steadily arrive here to reach their final destination in the historic Praza do Obradoiro – the magnificent Baroque Cathedral. Once through its main entrance, the “Gateway of Glory”, we will be greeted by the same spectacle that pilgrims have experienced since the Middle Ages. The apostle James, the patron saint of Spain, is buried in the Cathedral here. After seeing the Cathedral, we will explore some of the narrow streets and old squares of the compact city centre. We will also visit the convent of St. Domingos de Bonaval, located outside on the slopes of Mount of Mastic, near the Puerta del Camino, one of the historic gates of the city of Santiago, and pass by the Collegiate Church of Santa María la Real del Sar, the oldest church in the city. Dinner and overnight in **Santiago de Compostela**.

<p>Driving Times</p> <p>Braga to Santiago de Compostela – 2 ¾ hrs</p>		
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Day 7 (Tues. Oct. 24) Santiago de Compostela to Lugo and Oviedo

via the Camino de Frances, Camino Primitivo & Camino del Norte Pilgrim Routes

After breakfast, we will depart Santiago to travel north and then east along parts of several branches of the famous El Camino trail, stopping in several communities and allowing pilgrims to have a short walk on a part of the trail. Our route begins along the final stretch of the French Way (Camino de Frances), stopping briefly in the lively towns of Arzua and then Melide. We continue on to Lugo, passing delightful villages and following the last part of the Camino Primitivo (the Original Way), through peaceful forests and farmland. After lunch and a private Mass in Lugo, we continue on to Oviedo. Oviedo is the starting point of the Original (el Primitivo) Way - the route traditionally taken by pilgrims from further afield in Northern Spain and Europe, as well as the coastal northern (Del Norte) trail. Get your cameras ready for a scenic tour along the stunning Costa Verde! Our afternoon drive, following the Northern trail, will wind along the green coast of the Asturias, named after the colour of the sea and the pine and eucalyptus trees that line the shore. Our route will reveal glorious coastal vistas and delightful seaside villages before reaching Oviedo. Time permitting, we will make brief scenic stops along the way in places such as Ribadeo, Navia and Cudillero. Dinner and overnight in **Oviedo**.

<p>Driving Times</p> <p>Santiago to Arzua ¾ hrs</p> <p>Arzua to Melide ½ hr</p> <p>Melide to Lugo 1 hr</p> <p>Lugo to Ribadeo 1 ½ hrs</p> <p>Ribadeo to Oviedo 2 hrs</p> <p>Total = 5 ¾ hours</p>		
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Day 8 (Wed. Oct. 25) Oviedo to Garabandal and Santillano del Mar along the Northern Coast

After breakfast, we will spend part of the morning in Oviedo, a historic university town on a raised fertile plain, with many well preserved 9th century churches, built when this was the capital of Christian Spain. Here in the Cathedral of San Salvador, we will see its greatest treasure, the Camara Santa, a restored 9th century chapel housing statues of Christ and the Apostles, precious crosses, reliquaries, pieces of the true cross, a stone from Christ's tomb and a golden ark containing a little known relic, the Shroud of Oviedo. This bloodstained piece of cloth is claimed by some to be the cloth wrapped around the head of Jesus after he died. (The Shroud is not on display). The 9th century Church of St. Juliano is a UNESCO site, famous for its 1000 year old wall paintings. After our tour here, we will continue eastward to Garabandal, driving through lush green mountains, pastures and tiny villages. Garabandal, a sparsely populated, remote village, consists of only about 90 humble dwellings. Little has changed here since June 18, 1961 when four children allegedly had an apparition of an Angel, sent to prepare them for a visit from the Virgin Mary. As witnesses testify, from July 2, 1961 sporadically until Nov 13, 1965, the Blessed Virgin visited the children near a hilltop stand of 9 pine trees, speaking, guiding and confiding secrets of future events. (Note – Garabandal, like Medjugorje, has yet to be officially recognized by the Vatican.) After Mass in the village church, we will take time for reflection, devotions and the Stations of the Cross. Following this time of tranquility, we will board our bus and continue through the scenic countryside of Cantabria, Spain, land of jagged peaks, unspoiled villages, dramatic cliffs and sandy coves to reach our picturesque destination on the northern coast, San Vicente de la Barquera. The old village, hilltop church, castle, bridges, 13th century walls and magnificent beaches are set against an exceptional backdrop of snow-capped mountains. After a sight-seeing stop to take in the beauty, it is a short drive to our hotel in Santillano del Mar. Dinner and overnight in **Santillano del Mar**.

Note: This private pilgrimage should not be considered a validation of events in Garabandal. The Companions of the Cross submit to the authority of the Church on all purported private revelations.

<p>Driving Times</p> <p>Oviedo to Garabandal 2 ¼ hours Garabandal to San Vicente ¾ hr. San Vicente to Santillano ½ hr.</p> <p>Total = 3 ½ hours</p>		
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Day 9 (Thurs. Oct. 26) Santillano del Mar to Medina del Campo and Salamanca

After breakfast, we will spend the first part of the morning enjoying Santillana del Mar - considered one of the prettiest towns in Spain. This town grew up around a monastery, La Colegiata, which was an important pilgrimage centre on "The Way." Its church houses the tomb of St. Juliana, a medieval martyr. Time permitting, we will make a short visit to the famous monastery before departing for Medina del Campo. Our drive south will take us through more of the province of Castilla, famous for its castles, past Palencia, the location of a Reform convent founded by St. Teresa in 1580, and Valladolid, where she founded an earlier convent in 1568. After lunch, we carry in to Medina del Campo, where St. Teresa of Avila founded another reform Convent in 1567. The monastery, which was the meeting place of St. John of the Cross and Saint Teresa, remains much the same as it was in its early days and is considered the second home of the Reformed Carmelite Order. St. John spent most of his formative years in the town of Medina living with his mother, and after his ordination, said his first Mass here in August 1568. We will visit the monastery and celebrate Mass in the very same chapel. After Mass, we

continue south to the small city of Salamanca, where St. John of the Cross studied Theology and was ordained a priest and where St. Teresa founded her 7th Carmelite Convent in 1570. Much of the city, which is also a UNESCO site, is constructed from golden sandstone, giving it an unusual golden glow. Dinne and overnight at our hotel in **Salamanca**.

<p>Driving Times</p> <p>Santillano del Mar to Valladolid 2 ¾ hrs Valladolid to Medina del Campo 1 ¼ hrs Medina del Campo to Salamanca 1 hr</p> <p>Total = 5 hours</p>		
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Day 10 (Fri. Oct. 27) Salamanca, Alba de Tormes, Fontiveros and Avila,

After breakfast, we will enjoy a tour of the beautiful city of Salamanca, then take a short drive to Alba de Tormes, where Saint Teresa founded a Reform convent in 1571, and where she died in 1582 and is buried. The museum of the Carmelite Convent of the Annunciation here contains her incorrupt heart and left arm. After visiting the museum and enjoying lunch, we will stop briefly at Fontiveros, birthplace of St. John of the Cross, where we will celebrate Mass in the Church of San Cipriano where Saint John of the Cross was baptized, then carry on to Avila. Avila, a UNESCO World Heritage site, is surrounded by the best preserved medieval walls in Europe. Here the atmosphere has changed very little since the days of St. Teresa, to whom the city is dedicated. On a hill outside the city walls, we will visit the Cuatro Postes (four columns) monument where St. Teresa, at the age of seven was found by her uncle after attempting to run away with her brother to die as martyrs in the land of the Moors. St. Teresa, a great mystic, was the first woman to be named a Doctor of the Church. Dinner and overnight in **Avila**.

<p>Driving Times</p> <p>Salamanca to Alba de Tormes ½ hour Alba de Tormes to Fontiveros 1 hour Fontiveros to Avila to ¾ hour</p> <p>Total = 2 ¼ hours</p>			
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Day 11 (Sat. Oct.28) Avila and Segovia

After breakfast, we will tour Avila, taking in the Cathedral and visiting the Convent of St. Teresa, built on the site where she was born, and the Monastery of the Incarnation, where St. Teresa lived, wrote and had many mystical experiences. Here we will celebrate Mass and have time for reflection and to visit the comprehensive museum dedicated to her life. St. Teresa founded her first Discalced Convent (St. Joseph) in Avila in 1562. After lunch, we depart for the small city of Segovia, strategically sited high on a rock ridge. Its old town and amazing 1st century Roman aqueduct are UNESCO World Heritage sites. Here, St. John of the Cross helped St. Teresa found a new monastery in 1574, and 14 years later, returned to serve as prior of the Discalced Carmelite monastery. He is buried at the Monastery of the Discalced Carmelite Fathers, San Juan De La Cruz, where we will see his shrine. Segovia’s medieval walls

encircle many impressive monuments and buildings which we will pass by, such as the Gothic cathedral, the Alcázar, an extraordinary castle with narrow towers and flurry of turrets and the Vera Cruz church, built by the Templar Knights. Late afternoon, we return to Avila where you will have some time before dinner to explore and possibly walk the 900 year old walls, where you will get stunning photos of this beautiful city. Dinner and overnight at our hotel in **Avila**.

<p>Driving Times:</p> <p>Avila to Segovia 1 hour Segovia to Avila 1 hour</p> <p>Total = 2 hours</p>		
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Day 12 (Sun. Oct. 29) Toledo to Madrid

Following breakfast, we will leave Avila for the Imperial City of Toledo, where Saint John of the Cross was imprisoned by the Inquisition in a monastery just below the Muslim Alcazar and later nursed back to health by St. Teresa at a convent she founded here in 1569. Toledo, a UNESCO World Heritage site, is picturesquely perched on a rocky mound, isolated on three sides by a looping gorge of the Río Tajo. Known as the City of the Three Religions, it is a maze of cobblestone streets winding among churches, synagogues, mosques, houses and buildings preserved from its rich history. For many centuries the Christians, Moors and Jews lived here together in relative equality and peace. The city, surrounded by walls, hides great treasures such as its awesome Cathedral, the Santa María La Blanca Synagogue which also served as a Catholic church, the superb church of San Juan de los Reyes, and the church of Santo Tomé, with its famous el Greco masterpiece, where we will celebrate Mass. Following Mass, we will have some free time for lunch, shopping, and be able to sample the famous local pastry created by the Catholic Sisters here, Marzipan. In mid-afternoon we depart for Madrid, where we will take on an orientation tour of the city, seeing sites such as the Puerto del Sol, the Plaza Major, and the Cathedral of the Almudena. Following the tour, we will check into our hotel. Our celebration dinner tonight will include a vibrant show of some Spanish culture - Flamenco Dancing! Overnight at our central **Madrid** hotel.

<p>Driving Times</p> <p>Avila to Toledo 2 hours Toledo to Madrid 1 hour</p> <p>Total = 3 hours</p>			
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Day 13 (Mon. Oct 30) Ottawa to Madrid

Depart Madrid on our Air Canada direct flight to Toronto and then to Ottawa.

Information Meeting
Ottawa: St. Mary's church, 100 Young St., **Sun. June 4, 2017** from 2:30 – 3:30 pm.
 Parish Hall

Terms and Conditions

Cost for Tour: OCTOBER 18-30, 2017 (13 days)

- \$ 3031.00 Per person (double occupancy)
- \$ 568.00 Departure taxes (subject to change)
- \$ 500.00 Single supplement

- \$ 300.00 Deposit (due at initial registration)
- **Optional** insurance extra (due at time of deposit)

Included:

- Round trip airfare Ottawa via Toronto to Lisbon/Madrid
- Deluxe hotel accommodation with breakfast and dinner daily, lunch on arrival day
- All admission fees, hotels, taxes & service charges
- Deluxe motor coach and guides
- Tips to guides, drivers & hotel restaurant staff
- Departure taxes

Not Included:

- 10 Lunches

Insurance: All inclusive trip cancellation is recommended through TIPS – which will protect against cancellation charges due to sickness, accident or death of an immediate family member. It also covers baggage loss (limited), medical expenses and return transportation home. Semi-inclusive non-medical insurance is also available. Call Laurie for rates.

Passport: A passport, valid for at least 6 months from our date of departure, is required.

Payment: After registering with Laurie, make deposit cheques payable to **International Heritage Tours**, c/o Ari Bauer, 7117 Bathurst St., Thornhill, Ontario, L4J 2J6

- Credit card payments are subject to a service charge of 3%
- **Balance due August 18, 2017**
- Tour will operate with a minimum of 25 passengers.
- Rates are subject to change due to currency fluctuations, fuel surcharges or other unforeseen circumstances.

Hotels

Lisbon	1 night	Olaias Park (4 Star)
Fatima	2 nights	Hotel Cinquentenario (4 Star)
Braga	1 night	Bedbank Hotels de Bom Jesus (4 Star)
Santiago de Compostela	1 night	Compostela (4 Star)
Oviedo	1 night	Silken Monumental Naranco (4 Star)
Santillana del Mar	1 night	Hotel Santillana (3 Star)
Salamanca	1 night	Gran Hotel Corona Sol (4 Star)
Avila	2 nights	Palacio Valderrabanos (4 Star)
Madrid	1 night	Holiday Inn Calle Alcala Hotel (4 Star)

For Information and Reservations contact: Laurie Courchesne-Dooley
phone 613-732-5739 e-mail: lafrcodo@outlook.com